

Friendship Heights

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 10:30 Exercise 11:30 Catholic Com- munion AL PM: Hand Spa/ Adult Coloring	2 AM: Music & Senses 10:30 Exercise PM: BINGO 3:00 Bible Study AL	3 AM: Music & Mem- ories 10:00 Rosary 10:30 Exercise PM: Arts & Crafts	4 AM: Music & Games 10:30 Men's Group 10:30 Exercise 2:00 BINGO 3:00 Painting Class Chaplin Visits	5 10:30 Exercise PM: Fun & Games	6 AM: Sing Along PM: Room Visits	
7 AM: Music/Church Video PM: Church Service	8 Music Therapy 10:30 Exercise 11:30 Catholic Com- munion AL PM: Hand Spa/ Adult Coloring	9 AM: Music & Senses 10:00 Children's Group 10:30 Exercise PM: BINGO 3:00 Bible Study AL	10 AM: Music & Mem- ories 10:00 Rosary 10:30 Exercise PM: Arts & Crafts	11 AM: Music & Games 10:30 Exercise 2:00 BINGO Chaplin Visits	12 10:30 Exercise PM: Fun & Games	13 AM: Sing Along PM: Room Visits	
14 AM: Music/Church Video PM: Church Service	15 10:30 Exercise 11:30 Catholic Com- munion AL PM: Hand Spa/ Adult Coloring	16 AM: Music & Senses 10:30 Exercise PM: BINGO 3:00 Bible Study AL	17 AM: Music & Mem- ories 10:00 Rosary 10:30 Exercise PM: Baking Corner	18 AM: Music & Games 10:30 Men's Group 10:30 Exercise 2:00 BINGO Chaplin Visits	19 10:30 Exercise PM: Fun & Games	20 AM: Sing Along PM: Room Visits	
21 AM: Music/Church Video PM: Church Service	22 Music Therapy 10:30 Exercise 11:30 Catholic Com- munion AL PM: Hand Spa/ Adult Coloring	23 AM: Music & Senses 10:30 Exercise PM: BINGO 3:00 Bible Study AL 5:30 Evening w/ Ricardo	24 AM: Music & Mem- ories 10:00 Rosary 10:30 Exercise PM: Arts & Crafts	25 AM: Music & Games 10:30 Exercise 2:00 BINGO Chaplin Visits 5:30 Music w/ Lenn	26 10:30 Exercise PM: Fun & Games	27 AM: Sing Along PM: Room Visits	
28 AM: Music/Church Video PM: Church Service	29 10:30 Exercise 11:30 Catholic Com- munion AL PM: Hand Spa/ Adult Coloring	30 AM: Music & Senses 10:30 Exercise 10:30 Travel w Fred France PM: BINGO 3:00 Bible Study AL	31 AM: Music & Mem- ories 10:00 Rosary 11:15 Neighborhood Meeting 2:00 Halloween Party				