

Friendship Heights May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 May Day 10:00 Rosary 10:30 Exercise Room Visits/Strolls	2 10:30 Exercise 2:00 Bingo 3:00 Painting w/Christa	3 10:30 Exercise PM: Popcorn & Movie 3:15 Men's Group NG Popcorn Friday	4 10:30 Exercise AM: Sing Along PM: Bell/Vocal Choir
5 Cinco De Mayo 10:30 Exercise AM: Music/Church Video 3:00 Church Service	6 10:30 Exercise 11:30 Catholic Comm. PM: Adult Coloring/ Puzzles	7 10:30 Exercise AM: Morning Strolls 2:00 Bingo 3:30 Bible Study AL	8 10:00 Rosary 10:30 Exercise Room Visits/Strolls	9 10:30 Exercise 2:00 Bingo 3:00 Hodgepodge Corner	10 10:30 Exercise PM: Popcorn & Movie 3:15 Men's Group NG Popcorn Friday	11 10:30 Exercise 10:30 Mother's Tea AM: Sing Along PM: Room Visits
12 Mother's Day 10:30 Exercise AM: Music/Church Video 3:00 Church Service	13 PJ Day 10:00 Music Therapy 10:30 Exercise 11:30 Catholic Comm. PM: Hand Spa/Trivia	14 Blue Collar Day 10:00 Kids Group 10:30 Exercise 2:00 Music Entertainment - Rob Nold 3:30 Bible Study 5:30 Music w/Ricardo	15 Mismatch Day 10:00 Rosary 10:30 Exercise Room Visits/Strolls	16 Rock & Roll Day 10:30 Exercise 2:00 Bingo 3:00 Hodgepodge Corner	17 Farm Day 10:30 Exercise PM: Popcorn & Movie 3:15 Men's Group NG Popcorn Friday	18 Armed Forces Day 10:30 Exercise AM: Sing Along PM: Room Visits
19 10:30 Exercise AM: Music/Church Video 3:00 Church Service	20 10:30 Exercise 11:30 Catholic Comm. PM: Adult Coloring/ Puzzles	21 10:30 Exercise AM: Morning Strolls 2:00 Bingo 3:30 Bible Study AL 5:30 Music w/Ricardo	22 10:00 Rosary 10:30 Exercise 11:15 Neighborhood Meeting Room Visits/Strolls	23 10:30 Exercise 2:00 Bingo 3:00 Hodgepodge Corner 5:30 Music w/Lenn	24 10:30 Exercise PM: Popcorn & Movie 3:15 Men's Group NG Popcorn Friday	25 10:30 Exercise AM: Sing Along PM: Room Visits
26 10:30 Exercise AM: Music/Church Video 3:00 Church Service	27 Memorial Day 10:00 Music Therapy 10:30 Exercise 11:30 Catholic Comm. PM: Hand Spa/Trivia	28 10:30 Exercise 10:30 Travel w/Fred 2:00 Bingo 3:30 Bible Study AL	29 10:00 Rosary 10:30 Exercise Room Visits/Strolls	30 10:30 Exercise 2:00 Bingo 3:00 Hodgepodge Corner	31 10:30 Exercise PM: Popcorn & Movie 3:15 Men's Group NG Popcorn Friday	